

== TRADING HOURS ==

MONDAY - FRIDAY 11:30AM - 2AM

SATURDAY - SUNDAY 11:30AM - 2AM

STAT HOLIDAYS 11:30AM - 2AM

== EVERY DAY 2-6PM ==

Lucky Lager 16oz sleeves \$4.50 & 60oz pitchers \$16

== DAILY SPECIALS ==

MONDAY

Canadian Club Whiskey 10z \$4.50

Moosehead Lager 16oz sleeve \$4.50

Personal Nachos & Moosehead 16oz sleeves \$11

TUESDAY

Authentic Tacos \$1.90 each (with drink purchase)

Carnitas (Pork), Chorizo, BBQ Pork, Chicken Tinga,
Picadillo (Ground Beef), Pescado (Fish), Hongos (Veg)

Sauza Tequila 10z \$4.50 Corona 12oz \$5.50

Single Margaritas \$5.50 & Jalapeño Margaritas \$6.50

Double Margaritas \$9.50 & Jalapeño Margaritas \$10.50

WEDNESDAY

Sailor Jerry's Spiced Rum 10z \$4.50

Old Style Pilsner 16oz sleeves \$5.50 & 60oz pitchers \$17

Sliders \$2.50 (Braised Pork, Chorizo, or Chicken Tinga)
with drink purchase

• Add nacho cheese: \$1.50 per 2 sliders •

THURSDAY

Wings 59¢ each (with drink purchase)

Steamworks Lions Gate Lager 16oz sleeves \$5.50

& 60oz pitchers \$17

2 Jack Daniel's (10z) for \$11

FRIDAY

2 Fireball shots (10z) for \$11

2 Cin-a-bombs (10z) for \$13

4 chicken strips & 16oz Lucky \$12

SATURDAY

2 Jägermeister Cold Brew (10z) for \$11

2 Jägerbombs (10z) for \$13

IPA or Pale Ale 16oz sleeves \$5.50 & 60oz pitchers \$17

Montreal Steak & fries or salad with 16oz IPA or Pale Ale \$19

SUNDAY

Banff Ice Vodka: \$4.75 singles & \$8.25 doubles

Caesars: \$5.50 singles & \$9 doubles

Classic Poutine & 16oz Beer \$13

Burger & Beer \$13

(The Parrot with fries or salad & 16oz sleeve of Lucky)

• Make it a cheeseburger: \$1.50 •

FOOD MENU

WIFI
twoparrots
onemorebeer

PARROTIZERS

- PARROT WINGS** – 10 wings, 2 flavours: **\$13**
Honey Garlic, Teriyaki, Salt & Pepper, Lemon Pepper, BBQ, Cajun, Sweet Chili, Pineapple Curry, Peanut Satay, Shanghai, Hot, Jamaican Jerk, Calypso, Habanero Heat
» Add ranch or blue cheese dressing: \$1
- PARROT NACHOS** – **SM \$10 LG \$19**
Shredded cheddar and monterey jack cheeses melted on to corn tortilla chips, piled with jalapeños, tomato, diced red onions and olives. Served with sour cream and housemade salsa
» Add grilled veggies, beef, chicken, chorizo or pulled pork: \$4
Add guac: LG \$2.50
Add extra cheese: \$1.50
- ARTICHOKE AND SPINACH DIP** – **\$10**
Deliciously rich and creamy, topped with tomato, diced red onions and feta. Served with corn tortilla chips
- FOUR SOFT CORN TORTILLA TACOS** – **\$13**
Carnitas x 2 - (Braised pulled pork, pickled onions, cilantro) and Tinga x 2 (Chipotle-tomatoes seasoned pulled chicken and onions, lettuce, feta)
- MAC N CHEESE WEDGES** – **\$8**
Creamy cheddar cheese mixed with macaroni and coated with a crispy cheddar batter. Served with garlic mayo
- CRISPY SIDES** – Choose one: regular fries, sweet potato fries, waffle fries, or onion rings. Served with garlic mayo **\$8**
Seasonings: lemon-pepper, cajun, or calypso: \$1.50
Add regular mayo, chipotle mayo, horseradish mayo, 1000 island, ranch or blue cheese: \$1


POUTINES

- CLASSIC POUTINE** – Melted cheddar and monterey jack cheeses with gravy **\$10**
- VEGETARIAN POUTINE** – Classic poutine topped with mushrooms and onions grilled in garlic and herbs **\$11**
- AMERICAN POUTINE** – Melted cheddar and monterey jack cheeses, crispy bacon bits; topped with chipotle mayonnaise and sour cream **\$12**
- MEXICAN POUTINE** – Classic poutine topped with taco beef and sour cream **\$12**

HANDHELD

- Served with fries or seasonal salad. Upgrade to waffle fries, sweet potato fries, onion rings or kale caesar salad: \$3
- STRIPS AND FRIES** – Four chicken strips and fries with sweet mustard sauce **\$12**
- TEX MEX CHICKEN WRAP** – Flour tortilla filled with authentic chicken tinga, cheddar and monterey jack cheeses, lettuce and salsa. Served with sour cream **\$13**
- BBQ PORK WRAP** – BBQ pulled pork with creamy coleslaw and shredded lettuce **\$13**
- BRAISED PORK WRAP** – Braised pulled pork with pickled red onions, shredded cabbage, shredded carrot and cilantro **\$13**
- SMOKED BRISKET SANDWICH** – Smoked beef brisket with melted mozzarella, pickled zucchini and horseradish mayo on sourdough bread **\$13**
- BACON N' EGGER SANDWICH** – Grilled with cheddar on a sourdough with lettuce **\$11**

PLANT-BASED

EDAMAME BEANS – Steaming hot edamame tossed in lemon pepper seasoning **\$8** 

ENTRÉES

- QUESADILLA (Veg, Beef, Chicken, Chorizo or Pork)** **\$13**
Flour tortilla with shredded cheese, peppers, onions, tomato. Topped with olives, cilantro, banana peppers, salsa & sour cream.
- FISH AND CHIPS** – Two pieces of blue cod in our housemade beer batter, served on a bed of fries with coleslaw and tartar sauce. **\$13**
- BAKED SPAGHETTI** – Baked spaghetti in tomato meat sauce topped with cheddar and monterey jack cheeses. Served with garlic toast and seasonal salad. **\$13**
- MONTREAL STEAK** – 'AAA' 7oz steak seasoned with Montreal steak spice and thyme, served with grilled mushrooms, onions and garlic on a slice of garlic bread with fries or seasonal salad. **\$19**

SPECIALTY BURGERS

Brioche bun with lettuce, tomato, onion, pickle, house burger mayo and your choice of fries or seasonal salad. Upgrade to waffle fries, sweet potato fries, onion rings, or kale caesar salad: \$3


- THE CANUCK** – Aged cheddar cheese, smoky bacon and sautéed mushrooms
- THE VAN CITY** – Two strips of crispy smoked bacon and housemade guac
- THE GRANVILLE STREET** – BBQ sauce, cheddar cheese and grilled onions
- THE DAVIE STREET** – Pickled zucchini, grilled pineapple, and mozzarella cheese
- THE YALETOWN** – Artichokes and spinach blended with cream cheese & feta
- THE WEST END** – Smoky bacon, over-medium egg and cheddar cheese
- THE MEXICAN** – Shredded cheddar and monterey jack cheeses, jalapeños, housemade salsa and guacamole

ALL SPECIALTY BURGERS CAN BE BEEF (\$13), CHICKEN (\$13), OR VEGGIE (\$12)

BASIC BURGER

- THE PARROT** – Our basic - brioche bun, lettuce, tomato, onion, pickle, and house burger mayo
» Beef \$12 Chicken \$12 Veggie \$11

SALADS

- SEASONAL SALAD** – Seasonal greens, shaved carrot, cabbage, kale, red onions, tomato and herb croutons. Choose balsamic, blue cheese or ranch dressing. **\$8** 
- Add bacon bits: \$1 · Add grilled chicken \$4
- THE KALE CAESAR** – Crisp kale in a housemade vegetarian caesar dressing, topped with herb croutons, parmesan and kale chips. **\$8**

Prices subject to applicable taxes / Groups of 6+ incur a gratuity of 18%

 = Gluten Friendly (Shared Facility)
 = Vegan

DRINK MENU

On Tap

	Sleeve 16 oz	Pitcher 60 oz
MOOSEHEAD LAGER	\$5.50	\$17
LUCKY LAGER	\$5.50	\$17
OLD STYLE PILSNER	\$6.50	\$19
STANLEY PARK AMBER ALE	\$6.50	\$19
GRANVILLE ISLAND WEST COAST IPA	\$6.50	\$19
STEAMWORKS PALE ALE	\$6.50	\$19
STEAMWORKS LIONS GATE LAGER	\$6.50	\$19
OKANAGAN APPLE CIDER	\$7	

Cans & Bottles

	12 oz
KOKANEE	\$5.50
CANADIAN	\$5.50
LUCKY LAGER	\$5.50
BUDWEISER	\$5.50
BUD LIGHT	\$5.50
COORS LIGHT	\$5.50
KEITH'S IPA	\$5.50
M G D	\$6.50
STELLA ARTOIS	\$7
HEINEKEN	\$7
RED STRIPE	\$7
TIGER BEER	\$7
CORONA	\$6.50
KRONENBOURG 1664 BLANC	\$7
HOEGAARDEN	\$7
WHISTLER GLUTEN FREE	\$8
GUINNESS	\$8
KILKENNY	\$8
CZECHVAR	\$9

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Ciders & Coolers

	12 oz
GROWERS CIDER Peach	\$6
PALM BAY Pineapple mandarin orange	\$6
HEY Y'ALL	\$7
NÜTRL VODKA SODAS Cranberry, grapefruit	\$7
SMIRNOFF ICE	\$7
SOMERSBY	\$8
STRONGBOW APPLE	\$8

Cocktails

MICHELADA Clamato, Tabasco, Worcestershire sauce, chamoy, lemon-pepper rim and a 12 oz Corona bottle	\$11
MELONBREEZE Melon liqueur, vodka, cranberry and pineapple juices	10z \$7 20z \$10.50
MOSCOW MULE Russian Standard vodka, fresh mint, lime, ginger beer	\$7 \$10.50
PERFECT STORM Sailor Jerry, bitters, lime juice, ginger beer	\$7 \$10.50
AFTERNOON DELIGHT Mandarin vodka, raspberry vodka, cranberry and pineapple juices	\$7 \$10.50
SOHO SOUR Absolute Citron vodka, grapefruit juice, Soho lychee liqueur, sugared rim	\$7 \$10.50
MATTY'S BAD ASS Vodka, blue curacao, cranberry juice, Sprite	\$7 \$10.50
BLUE EYED BLONDE Vodka, peach schnapps, blue curacao, pineapple juice, coconut syrup	\$7 \$10.50
JALAPEÑO MARGARITA Tequila, triple sec, sour mix, jalapeño syrup	\$7 \$10.50

Specialty Cocktails

	20z
TIKI TORCH Sauza tequila, triple sec, dark rum; pineapple and cranberry juices	\$10.50
DRUNKEN PARROT Sailor Jerry, banana liqueur, pineapple juice, coconut syrup	\$10.50
PANGALACTIC GARGLE BLASTER Vodka, melon liqueur, dark rum, Sprite, lime juice	\$10.50
ELECTRIC ICE TEA Blue curacao, gin, vodka, triple sec, white rum, tequila, lime juice, sprite	\$10.50
TEXAS TEA Jack Daniel's, gin, white rum, triple sec, vodka, tequila, lime juice, Coca Cola	\$10.50

Shooters

	10z
PORN STAR Blue curacao, red sourpuss	\$6
PEACHY LYCHEE Peach schnapps, Soho lychee liqueur	\$6
RED DRAGON White rum, red sourpuss	\$6
KING KONG Banana liqueur, Crown Royal	\$6
BURT REYNOLDS Butterscotch liqueur, Sailor Jerry	\$6
JAMES FRANCO Jameson, Frangelico	\$6
GREEN TEA Jameson, peach schnapps	\$6

Non-alcoholic

SODA POP Coke, Diet Coke, Sprite, ginger ale, soda, tonic water	\$3
JUICES Cranberry, grapefruit, apple, orange, pineapple, Clamato	\$3.75
SWEET ICED TEA	\$3.75
SPARKLING WATER	\$3.75
DAD'S ROOT BEER	\$5
GINGER BEER	\$5
NON-ALCOHOLIC BEER	\$5
VIRGIN COCKTAIL Caesar, Mojito	\$5

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Combos

ALL DAY EVERY DAY

REDNECK \$8.50

Lucky Lager and a shot of Jim Beam whiskey

BOBBIE-SUE \$8.50

Lucky Lager and a shot of Cherry Bourbon

LUMBERJACK \$8.50

Moosehead Lager and a shot of Jack

TROPICAL PARROT-ISE \$8.50

Growers and a shot of Sauza tequila

Daily Specials

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Moosehead Lager 16oz sleeve \$4.50

Personal Nachos & Moosehead 16oz sleeves \$11

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Caesars: \$5.50 singles & \$9 doubles

Classic Poutine & 16oz Beer \$13

Burger & Beer \$13

(The Parrot with fries or salad & 16oz sleeve of Lucky)

• Make it a cheeseburger: \$1.50 •

EVERY DAY

2pm-6pm

Lucky Lager 16oz sleeves \$4.50 & 60oz pitchers \$16

Bourbon

JIM BEAM 10Z \$7 20Z \$10.50

RED STAG \$7 \$10.50

BULLEIT \$8 \$11.50

MAKER'S MARK \$8 \$11.50

Rum

LAMB'S NAVY 10Z \$5.50 20Z \$9

DARK

CAPTAIN \$5.50 \$9

MORGAN WHITE

SAILOR JERRY \$6 \$9.50

APPLETON ESTATE \$7 \$10.50

BRUGAL \$7 \$10.50

BACARDI \$7 \$10.50

Scotch & Cognac

J.W. RED 10Z \$7 20Z \$14

J.W. BLACK \$9 \$18

GLENFIDDICH 12 \$9 \$18

YEAR

HIGHLAND PARK \$9 \$18

12 YEAR

HENNESSY VS \$9 \$18

Rye

CANADIAN CLUB 10Z \$5.50 20Z \$9

CROWN ROYAL \$7 \$10.50

Misc. Whiskey

JAMESON 10Z \$6 20Z \$9.50

FIREBALL \$6 \$9.50

SPICEBOX \$7 \$10.50

JACK DANIEL'S \$7 \$10.50

Vodka

BANFF ICE 10Z \$5.50 20Z \$9

ABSOLUT CITRON \$6 \$9.50

ABSOLUT MANDARIN \$6 \$9.50

RUSSIAN \$6 \$9.50

STANDARD

STOLI RASPBERRY \$6 \$9.50

TITO'S \$7 \$10.50

ESPRESSO VODKA \$8 \$16

GREY GOOSE \$8 \$16

Tequila

SAUZA SILVER 10Z \$5.50 20Z \$9

CUERVO GOLD \$7 \$10.50

MEZCAL \$10 \$20

DON JULIO \$11 \$22

Gin

BEEFEATER 10Z \$5.50 20Z \$9

BOMBAY SAPPHIRE \$7 \$10.50

HENDRICK'S \$8 \$16

White Wine

PELLER ESTATES WHITE BLEND

• 6 oz Glass - \$7.50 ½ Litre - \$17.50 Litre - \$30.00 •

PELLER ESTATES SAUVIGNON BLANC

• 6 oz Glass - \$8.50 ½ Litre - \$19.50 26 oz Bottle - \$32.00 •

WAYNE GRETZKY PINOT GRIGIO

• 6 oz Glass - \$9.50 ½ Litre - \$21.50 26 oz Bottle - \$34.00 •

PELLER ESTATES CHARDONNAY

• 6 oz Glass - \$8.50 ½ Litre - \$19.50 26 oz Bottle - \$32.00 •

PELLER ESTATES ROSÉ

• 6 oz Glass - \$8.50 ½ Litre - \$19.50 Litre - \$32.00 •

Red Wine

PELLER ESTATES RED BLEND

• 6 oz Glass - \$7.50 ½ Litre - \$17.50 Litre - \$30.00 •

WAYNE GRETZKY

CABERNET SYRAH

• 6 oz Glass - \$9.50 ½ Litre - \$21.50 26 oz Bottle - \$34.00 •

PELLER ESTATES MERLOT

• 6 oz Glass - \$8.50 ½ Litre - \$19.50 26 oz Bottle - \$32.00 •

Sangria

RED SANGRIA

Red wine, apricot brandy, triple sec, citrus fruits, ginger ale, orange juice

• 6 oz Glass - \$8.50 ½ Litre - \$19.50 1 Litre - \$32.00 •

WHITE SANGRIA

White wine, Alize passionfruit, peach schnapps, citrus fruits, Sprite

• 6 oz Glass - \$8.50 ½ Litre - \$19.50 1 Litre - \$32.00 •

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