

# FOOD MENU

WIFI  
twoparrots  
onemorebeer

## PARROTIZERS

**PARROT WINGS** – 10 wings, 2 flavours: **\$13.95**

Honey Garlic, Teriyaki, Salt & Pepper, Lemon Pepper, BBQ, Cajun, Sweet Chili, Pineapple Curry, Peanut Satay, Shanghai, Hot, Jamaican Jerk, Calypso, Habanero Heat  
» Add ranch or blue cheese dressing: \$1

**PARROT NACHOS** – SM **\$10.50** LG **\$19.50**

Shredded cheddar and monterey jack cheeses melted on to corn tortilla chips, piled with jalapeños, tomato, diced red onions and olives. Served with sour cream and housemade salsa

» Add grilled veggies, beef, chicken, chorizo or pulled pork: \$4

**Add guac: LG \$2.50**

**Add extra cheese: \$1.50**

 **ARTICHOKE AND SPINACH DIP** – **\$10.50**

Deliciously rich and creamy, topped with tomato, diced red onions and feta. Served with corn tortilla chips

**FOUR SOFT CORN TORTILLA** **\$13.50**

**TACOS** – Carnitas x 2 - (Braised pulled pork, pickled onions, cilantro) and Tinga x 2 (Chipotle-tomatoes seasoned pulled chicken and onions, lettuce, feta)

**MAC N CHEESE WEDGES** – Creamy cheddar **\$9**

cheese mixed with macaroni and coated with a crispy cheddar batter. Served with garlic mayo

**CRISPY SIDES** – Choose one: regular fries, **\$8.50**

sweet potato fries, waffle fries, or onion rings. Served with garlic mayo

**Seasonings: lemon-pepper, cajun, or calypso: \$1.50**

**Add regular mayo, chipotle mayo, horseradish mayo, 1000 island, ranch or blue cheese: \$1**

## POUTINES

**CLASSIC POUTINE** – Melted cheddar and **\$10.50**  
monterey jack cheeses with gravy

**VEGETARIAN POUTINE** – Classic poutine **\$11.50**  
topped with mushrooms and onions grilled in garlic and herbs

**AMERICAN POUTINE** – Melted cheddar and **\$12.50**  
monterey jack cheeses, crispy bacon bits,  
topped with chipotle mayonnaise and sour cream

**MEXICAN POUTINE** – Classic poutine topped **\$12.50**  
with taco beef and sour cream

## HANDHELD

Served with fries or seasonal salad. Upgrade to waffle fries, sweet potato fries, onion rings or kale caesar salad: \$3

**STRIPS AND FRIES** – Four chicken strips **\$12.50**  
and fries with sweet mustard sauce

**TEX MEX CHICKEN WRAP** – Flour tortilla fill **\$13.50**  
with authentic chicken tinga, cheddar and monterey jack  
cheeses, lettuce and salsa. Served with sour cream



**BBQ PORK WRAP** – BBQ pulled pork with **\$13.50**  
creamy coleslaw and shredded lettuce

**BRAISED PORK WRAP** – Braised pulled **\$13.50**  
pork with pickled red onions, shredded cabbage,  
shredded carrot and cilantro

**SMOKED BRISKET SANDWICH** – **\$13.50**  
Smoked beef brisket with melted mozzarella, pickled  
zucchini and horseradish mayo on sourdough bread

**BACON N' EGGER SANDWICH** – **\$11.50**  
Grilled with cheddar on a sourdough with lettuce

## PLANT-BASED

**EDAMAME BEANS** – Steaming hot edamame **\$8.50**    
tossed in lemon pepper seasoning

## ENTRÉES

**QUESADILLA (Veg, Beef, Chicken, Chorizo or Pork)** **\$13.50**

Flour tortilla with shredded cheese, peppers, onions, tomato. Topped with olives, cilantro, banana peppers, salsa & sour cream.

**FISH AND CHIPS** – Two pieces of blue cod **\$13.50**

in our housemade beer batter, served on a bed of fries with coleslaw and tartar sauce.

**BAKED SPAGHETTI** – Baked spaghetti in **\$13.50**

tomato meat sauce topped with cheddar and monterey jack cheeses. Served with garlic toast and seasonal salad.

**MONTREAL STEAK** – 'AAA' 7oz steak **\$19.50**

seasoned with Montreal steak spice and thyme, served with grilled mushrooms, onions and garlic on a slice of garlic bread with fries or seasonal salad.

## SPECIALTY BURGERS

Brioche bun with lettuce, tomato, onion, pickle, house burger mayo and your choice of fries or seasonal salad.

Upgrade to waffle fries, sweet potato fries, onion rings, or kale caesar salad: \$3

**THE CANUCK** – Aged cheddar cheese, smoky **\$13.50**  
bacon and sautéed mushrooms

**THE VAN CITY** – Two strips of crispy smoked **\$13.50**  
bacon and housemade guac

**THE GRANVILLE STREET** – BBQ sauce, **\$13.50**  
cheddar cheese and grilled onions

**THE DAVIE STREET** – Pickled zucchini, grilled **\$13.50**  
pineapple, and mozzarella cheese

**THE YALETOWN** – Artichokes and spinach **\$13.50**  
blended with cream cheese & feta

**THE WEST END** – Smoky bacon, over-medium **\$13.50**  
egg and cheddar cheese

**THE MEXICAN** – Shredded cheddar and monterey **\$13.50**  
jack cheeses, jalapeños, housemade salsa and  
guacamole

**ALL SPECIALTY BURGERS CAN BE BEEF  
(\$13.50), CHICKEN (\$13.50), OR VEGGIE  
(\$12.50)**

## BASIC BURGER

**THE PARROT** – Our basic - brioche bun, lettuce, **\$11.50**  
tomato, onion, pickle, and house burger mayo

» Beef \$12.50 Chicken \$12.50 Veggie \$11.50

## SALADS

**SEASONAL SALAD** – Seasonal greens, **\$8.50**   
shaved carrot, cabbage, kale, red onions, tomato and  
herb croutons. Choose balsamic, blue cheese or ranch  
dressing.

Add grilled chicken \$4

**THE KALE CAESAR** – Crisp kale in a **\$8.50**  
housemade vegetarian caesar dressing, topped with  
herb croutons and parmesan.

Prices subject to applicable taxes / Groups of 6+ incur a gratuity of 18% / Split check not offered for groups of 8+

 = Gluten Friendly (Shared Facility)  
 = Vegan